

Declutter in 10 Minutes: Quick Wins Cheat Sheet

Declutter fast, feel lighter.

Decluttering doesn't have to be overwhelming! Use this simple 10-minute cheat sheet to refresh any space quickly. Set a timer, pick a task, and enjoy an instant win!

■ Living Room

- Fold blankets & tidy throw pillows.
- Clear coffee table & wipe it down.
- Put away any items that don't belong.

■ Bedroom

- Make the bed (quickest way to refresh the space).
- Clear nightstands & wipe them down.
- Put away clothes left on chairs or floor.

■ Kitchen

- Unload dishwasher or wash any dishes.
- Wipe down kitchen counters.
- Toss expired food from fridge or pantry.

■ Entryway

- Put away shoes that don't belong.
- Hang up coats, bags, or keys.
- Shake out or sweep entry mat.

■ Bathroom

- Wipe down the sink & faucet.
- Put away toiletries & beauty products.
- Swap out used towels for fresh ones.

■ Decluttering Challenge: Pick Any 3 Tasks & Complete Them Now!

■ Need help choosing? Ask yourself: *What space in my home stresses me out the most?* Pick 3 quick tasks from that area and reset it in just 10 minutes!

■ Task 1	■ Task 2	■ Task 3
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■ Need Inspiration? Try These 3-Task Combos!

■ If you have 10 minutes before guests arrive:

- ■ Clear the coffee table
- ■ Fluff pillows & tidy blankets
- ■ Wipe kitchen counters

■ If you want a fresh start in the morning:

- ■ Make the bed
- ■ Declutter the nightstand
- ■ Set up a 'morning coffee station'

■ If you want to make cooking feel effortless:

- ■ Declutter the kitchen counters (store away non-essential appliances)
- ■ Organize your most-used cooking tools within easy reach
- ■ Toss expired pantry items & wipe down the shelves

■ Before & After Reflection

How did the space feel before?

How does it feel now after a 10-minute reset?

Remember: You don't have to do it all—just start! Even a 2-minute reset can make your home feel lighter. Decluttering is about progress, not perfection!